



Wantage Counselling  
& Training Centre

Wantage Counselling and Training Centre  
Orchard House, Portway, Wantage, Oxon  
OX12 9BU  
Tel: 01235 769744  
Email: [info@wantagecounselling.org.uk](mailto:info@wantagecounselling.org.uk)  
Website: [www.wantagecounselling.org.uk](http://www.wantagecounselling.org.uk)

## Prospectus

### Foundation Certificate in Counselling Skills

Spring and Summer Term 2019

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### Welcome

Since its foundation in 1984, Wantage Counselling and Training Centre (WCTC), formally known as Wantage Counselling Service (WCS) has responded to the particular needs of the community by providing counselling training and psychotherapeutic counselling to adults, couples and young people of fifteen years and older.

### Philosophy for Practice and Training

The practice and training at WCTC has a psychotherapeutic focus, where the therapeutic relationship between students, counsellors and client is central.

A Career in Counselling begins with:

- A comprehensive Training and becoming familiar with Theory that informs Practice
- Learning to know yourself through Personal Therapy and Group Work

Leading to:

- Supervised Clinical Practice
- Committing to work within an Ethical Framework
- Continuing Professional Development

Certificate training at WCTC prepares you for Diploma training and the first steps towards a professional qualification that will allow you to work as a counsellor **on completion of the Diploma programme.**

### WCTC Training Staff

Course Leader: Anne Thompson

Internal Assessors: Carolyn Rackstraw

Guest Tutors (to be confirmed)

**(All tutors and guest tutors are qualified therapists and/or experienced in their field.)**

### WCTC Contact Details

Office Manager: Senga Hashimi - WCTC Office Telephone 01235 769744

WCTC Email [info@wantagecounselling.org.uk](mailto:info@wantagecounselling.org.uk)

WCTC Website [www.wantagecounselling.org.uk](http://www.wantagecounselling.org.uk)



Wantage Counselling and Training Centre is the working name of Wantage Counselling Service  
Charity Number 1160889

# WCTC Foundation Certificate in Counselling

## Overview

The Certificate in Counselling is a 7-month part-time course, held over 6 weekend blocks January – July 2019

The award of Foundation Certificate in Counselling is made to students who have:

- Attended a minimum of 80% of the scheduled course sessions
- Passed all assignments

## Cost

The cost of the training is £1100 (early bird offer £990 when enrolling before 1<sup>st</sup> November 2018). Payment plans are available.

## Eligibility to Train at Certificate Level

Acceptance on the Certificate programme is open to members of the public and designed to give students an experience of future counselling training and to develop listening and responding skills.

No prior experience is needed except for basic English GCSE level C or equivalent as there are written assignments; basic IT skills are useful when preparing assignments and sourcing internet resources.

## Personal Therapy

Students are not expected to be in Personal Therapy but many students decide to embark on Personal Therapy during Certificate training; if you'd like advice on how to find a personal therapist, the training team at WCTC will be happy to discuss this with you.



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### Accreditation

This is not a BACP accredited training; however, the combined Certificate and Diploma programme meet all the requirements set out by BACP; so those who wish to may apply to the BACP (British Association for Counselling and Psychotherapy) for individual accreditation, on successful completion of the Diploma programme.

### Venue and Course Structure

The course is held at Wantage Counselling and Training Centre, Orchard House, Portway Wantage. OX12 9BU and commences in January 2019.

### Learning Outcomes

By the end of the course, participants will be able to:

- Consider the important components of helpful / healing conversations;
- Identify differences between key counselling approaches in terms of how they view the therapeutic relationship and practice
- Recognise how practice informs theory, and theory informs practice
- Identify and discuss some of the ethical and professional boundary issues related to counselling practice
- Reflect on and analyse personal experiences in relation to learning on the course
- Discuss their needs for ongoing personal development and professional support

### Award Criteria

To qualify for the award the candidate is required to:-

1. Keep a private, personal, on-going Reflective Learning Review
2. Submit a written assignment (1500 words) on 30th June 2019
3. Achieve an 80% attendance record during the programme.

This course provides 90 tutor contact hours; it is both a 'stand-alone' certificate course for those who are curious about counselling; or who wish to develop their skills of listening and responding skills within a work situation or professional role; and a foundation course for the 'Diploma in Psychotherapeutic Counselling' for people who wish to continue onto a professional qualification.



## Training Dates 2019

1 weekend a month, 9.30am – 5pm:

Block 1: January 5<sup>th</sup> and 6<sup>th</sup> 2019

Block 2: February 9<sup>th</sup> and 10<sup>th</sup> 2019

Block 3: March 9<sup>th</sup> and 10<sup>th</sup> 2019

Block 4: April 6<sup>th</sup> and 7<sup>th</sup> 2019

Block 5: June 8<sup>th</sup> and 9<sup>th</sup> 2019

Block 6: July 13<sup>th</sup> and 14<sup>th</sup> 2019

The three-year Diploma programme 2019 – 2022 will start in  
September 2019

## Conditions of Document

This Course Document gives an outline for the academic year 2019. Whilst every effort is made to provide continuity with the overall framework and structure of the programme, there may be times when adjustments are made to aspects such as content, delivery and assessment requirement in order to respond and comply with changes within for example the psychotherapy and counselling profession, or the structure and needs of WCTC.

WCTC reserves the right to amend aspects of the training programme during the period of your training.  
Every effort